

Go Wish

There is a stack of cards with the items on it that are listed on the attached sheet. These are things that people have said might be important to them when seriously ill or in the last weeks or months of life.

Go Wish Solitaire

I. Sort the cards into three piles

A. Very important (add cards as needed)

B. Sort of important

C. Not so important or Unimportant to me

II. Choose the Top Ten from the “A” group .

III. RANK the Top Ten.

IV. A. If you have done this by yourself, think about how you would explain to your family or friends why those things are your Top 10 wishes. Think about your “not important” pile and how you would explain to your family or friends why those things are not important to you. Then make time to talk to them about your choices.

B. If someone else is doing this with you, compare your sorting to theirs. Talk about what you have in common, and what is different.

You can record your sorting on the attached sheets.

When reviewing the items that are in the “Not so important” category, are some of these listed as “Not so important” because you feel they are taken care of already? Would they be “Very Important” if you had not already taken care of them? Mark those with a star, or mark them “done”.

Go Wish Pairs

This can be a good game to play with someone who might become your health care agent. It is especially important for that person to understand your wishes. It is best to play with two decks of cards, although you can take turns using one deck.

1. Each player reads through all the cards. Each player divides them into three piles.

- Player A sorts the cards into three piles:

Very important to me

Somewhat important to me

Not important to me

- Player B sorts the cards into three piles, according to what he or she thinks might be:

Very important to Player A

Somewhat important to Player A

Not important to Player A

2. Both players compare the cards they have in each pile. Talk about the differences in how you ranked some values. Be sure to explain your choices.

It is important for Player B to understand Player A's wishes.

Information on how to purchase the cards can be found at:

<http://www.mywhatevery.com/cifwriter/content/43/coda6149.html>

Values priorities for [name] _____ Date _____

	If in Top Ten, what rank	Important	Somewhat Important	Not that Important
1. To be free from pain				
2. To be free from anxiety				
3. Not being short of breath				
4. To be kept clean				
5. To have human touch				
6. To have my financial affairs in order				
7. To have my family prepared for my death				
8. To die at home				
9. To know how my body will change				
10. To feel that my life is complete				
11. To say goodbye to important people in my life				
12. To remember personal accomplishments				
13. To take care of unfinished business with family and friends				
14. To prevent arguments by making sure my family knows what I want				
15. To have an advocate who knows my values and priorities				
16. To be treated the way I want				
17. To maintain my dignity				
18. To keep my sense of humor				
19. To have a doctor who knows me as a whole person				
20. To have close friends near				

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	If in Top Ten, what rank	Important	Somewhat Important	Not that Important
21. Not dying alone				
22. To have someone who will listen to me				
23. To trust my doctor				
24. To have a nurse I feel comfortable with				
25. To be mentally aware				
26. To have my funeral arrangements made				
27. Not being a burden to my family				
28. To be able to help others				
29. To be at peace with God				
30. To pray				
31. Not being connected to machines				
32. To be able to talk about what scares me				
33. To meet with clergy or a chaplain				
34. To be able to talk about what death means				
35. To have my family with me				
36. Wild Card Examples: To be able to recognize my family and friends To care for my pets To be able to talk and be understood To eat and enjoy food				

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